

CEF student checklists with suggested targets

Unit 1

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1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

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Level	Unit 1 – Facts & Figures	Page	Your Score				
A1	I can understand when someone speaks very slowly to me and articulates carefully, with long pauses for me to assimilate meaning.	15, 18	1	2	③	4	5
A1	I can understand numbers, prices and times.	8, 10, 11	1	②	3	4	5
A1	I can introduce somebody and use basic greeting and leave-taking expressions.	14, 15, 18	1	2	③	4	5
A1	I can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics.	16, 17	1	2	③	4	5
A1	I can give personal information (address, telephone number, nationality, age, family, and hobbies).	15, 26, 128	1	2	③	4	5
A1	I can fill in a questionnaire with my personal details (job, age, address, hobbies).	16	1	2	3	④	5
A2	I can make myself understood using memorised phrases and single expressions.	9	1	2	③	4	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	6	1	②	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	11, 12	1	2	③	4	5

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Unit 2

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Level	Unit 2 – Where & When	Page	Your Score				
A1	I can understand when someone speaks very slowly to me and articulates carefully, with long pauses for me to assimilate meaning.	24	1	2	③	4	5
A1	I can understand numbers, prices and times.	22, 23	1	②	3	4	5
A1	I can handle numbers, quantities, cost and time.	26, 27	1	2	③	4	5
A1	I can ask people questions about where they live, people they know, things they have, etc. and answer such questions addressed to me provided they are articulated slowly and clearly.	19, 21	1	2	③	4	5
A1	I can indicate time by such phrases as “next week”, “last Friday”, “in November”, “three o’clock”.	23, 24	1	2	③	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	28	1	2	③	4	5
A2	I can generally identify the topic of discussion around me when people speak slowly and clearly.	19	1	②	3	4	5
A2	I can understand phrases, words and expressions related to areas of most immediate priority (for example very basic personal and family information, shopping, local area, employment).	18	1	②	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	20, 21, 25	1	②	3	4	5
A2	I can use public transport: buses, trains, and taxis, ask for basic information and buy tickets.	22	1	②	3	4	5
A2	I can describe where I live.	23	1	②	3	4	5
A2	I can write simple sentences, connecting them with words such as “and”, “but”, “because”.	25	1	②	3	4	5

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Unit 3

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Level	Unit 3 – Family & Friends	Page	Your Score				
A1	I can understand information about people (place of residence, age, etc.) in newspapers.	34	1	2	③	4	5
A1	I can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics.	33	1	2	3	④	5
A1	I can ask people questions about where they live, people they know, things they have, etc. and answer such questions addressed to me provided they are articulated slowly and clearly.	34, 39	1	2	③	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	41	1	2	③	4	5
A2	I can understand what is said clearly, slowly and directly to me in simple everyday conversation; it is possible to make me understand, if the speaker can take the trouble.	36, 38	1	2	③	4	5
A2	I can catch the main point in short, clear, simple messages and announcements.	32	1	2	③	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	38, 39	1	2	③	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc. in information leaflets.	31	1	②	3	4	5
A2	I can say what I like and dislike.	37	1	2	③	4	5
A2	I can describe myself, my family and other people.	30	1	2	③	4	5
A2	I can indicate when I am following.	38	1	2	③	4	5
A2	I can write short, simple notes and messages.	31	1	2	③	4	5
A2	I can briefly introduce myself in a letter with simple phrases and sentences (family, school, job, hobbies).	46	1	2	③	4	5
A2	I can write simple sentences, connecting them with words such as “and”, “but”, “because”.	40	1	2	③	4	5

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Unit 4

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Level	Unit 4 – Bed & Breakfast	Page	Your Score				
A1	I can understand when someone speaks very slowly to me and articulates carefully, with long pauses for me to assimilate meaning.	44	1	2	3	④	5
A1	I can introduce somebody and use basic greeting and leave-taking expressions.	50	1	2	③	4	5
A1	I can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics.	53	1	2	3	④	5
A2	I can understand phrases, words and expressions related to areas of most immediate priority (for example very basic personal and family information, shopping, local area, employment).	42, 43, 47	1	2	③	4	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	51	1	2	③	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc. in information leaflets.	43, 45	1	2	③	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	48	1	2	③	4	5
A2	I can get simple information about travel.	42, 53	1	2	③	4	5
A2	I can order something to eat or drink.	50	1	2	3	④	5
A2	I can make and respond to invitations.	50	1	2	③	4	5
A2	I can use some simple structures correctly.	47, 127, 129	1	2	③	4	5
A2	I can write short, simple notes and messages.	52	1	2	③	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	49	1	2	③	4	5

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Unit 5

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Level	Unit 5 – Film & Television	Page	Your Score				
A1	I can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics.	59	1	2	3	④	5
A2	I can understand phrases, words and expressions related to areas of most immediate priority (for example very basic personal and family information, shopping, local area, employment).	55, 58	1	2	③	4	5
A2	I can catch the main point in short, clear, simple messages and announcements.	63	1	2	③	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	54, 56	1	2	③	4	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	61	1	2	③	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc. in information leaflets.	54	1	2	③	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	56, 61	1	2	3	④	5
A2	I can make simple transactions in shops, post offices or banks.	62	1	2	③	4	5
A2	I can make simple purchases by stating what I want and asking the price.	62	1	2	3	④	5
A2	I can ask people questions about what they do at work and in their free time, and answer such questions addressed to me.	55, 63	1	2	3	④	5
A2	I can give short, basic descriptions of events.	56	1	②	3	4	5
A2	I can describe my hobbies and interests in a simple way.	63	1	2	③	4	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	64	1	2	③	4	5
A2	I can describe an event in simple sentences and report what happened when and where (for example a party or an accident).	57	1	2	③	4	5

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Unit 6

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Level	Unit 6 – Work & Study	Page	Your Score				
A2	I can catch the main point in short, clear, simple messages and announcements.	66, 70	1	2	③	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	67, 75	1	2	3	④	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	68, 71	1	2	③	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	76	1	2	③	4	5
A2	I can make and respond to invitations.	74	1	2	③	4	5
A2	I can ask people questions about what they do at work and in their free time, and answer such questions addressed to me.	77	1	2	③	4	5
A2	I can describe my educational background, my present or most recent job.	75	1	2	3	④	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	72, 73	1	2	3	④	5
A2	I have a sufficient vocabulary for coping with simple everyday situations.	69	1	2	3	④	5
A2	I can write a short letter using simple expressions for greeting, addressing, asking or thanking somebody.	76	1	2	③	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	67	1	2	3	4	5

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Unit 7

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Level	Unit 7 – News & Weather	Page	Your Score				
A1	I can handle numbers, quantities, cost and time.	86	1	2	3	④	5
A2	I can catch the main point in short, clear, simple messages and announcements.	81	1	2	③	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	78, 80, 87	1	2	3	④	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	78, 80	1	2	③	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	82, 83, 88	1	2	③	4	5
A2	I can make and respond to invitations.	86	1	2	③	4	5
A2	I can say what I like and dislike.	84	1	2	3	④	5
A2	I can describe myself, my family and other people.	79	1	2	3	④	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	81, 85, 127, 131	1	2	3	④	5
A2	I can describe an event in simple sentences and report what happened when and where (for example a party or an accident).	79, 88	1	2	3	④	5
A2	I can use the most important connecting words to indicate the chronological order of events (first, then, after, later).	79	1	2	3	④	5

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Unit 8

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Level	Unit 8 – Coming & Going	Page	Your Score				
A1	I can understand numbers, prices and times.	92	1	2	3	④	5
A1	I can understand a questionnaire (entry permit form, hotel registration form) well enough to give the most important information about myself (name, surname, date of birth, nationality).	132	1	2	3	4	⑤
A2	I can generally identify the topic of discussion around me when people speak slowly and clearly.	98	1	2	③	4	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	92	1	2	③	4	5
A2	I can understand a simple personal letter in which the writer tells or asks me about aspects of everyday life.	95, 99, 132	1	2	③	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc. in information leaflets.	93	1	2	③	4	5
A2	I can skim small advertisements in newspapers, locate the heading or column I want and identify the most important pieces of information (price and size of apartments, cars, computers).	90, 91	1	2	3	④	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	97	1	2	③	4	5
A2	I can ask for and give directions referring to a map or plan.	98	1	2	3	④	5
A2	I can give short, basic descriptions of events.	96	1	2	3	④	5
A2	I can make myself understood using memorised phrases and single expressions.	96	1	2	③	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	100	1	2	3	④	5
A2	I can briefly introduce myself in a letter with simple phrases and sentences (family, school, job, hobbies).	132	1	2	3	④	5

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Unit 9

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Level	Unit 9 – Life & Style	Page	Your Score				
A1	I can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics.	109	1	2	3	④	5
A2	I can generally identify the topic of discussion around me when people speak slowly and clearly.	102	1	2	③	4	5
A2	I can understand phrases, words and expressions related to areas of most immediate priority (for example very basic personal and family information, shopping, local area, employment).	109	1	2	③	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	106	1	2	③	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	102, 104, 106, 112	1	2	3	④	5
A2	I can ask how people are and react to news.	110	1	2	③	4	5
A2	I can describe myself, my family and other people.	113	1	2	3	④	5
A2	I can give short, basic descriptions of events.	105	1	2	③	4	5
A2	I can write short, simple notes and messages.	107	1	2	③	4	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	103, 104	1	2	3	④	5
A2	I can describe an event in simple sentences and report what happened when and where (for example a party or an accident).	112	1	2	③	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	112	1	2	3	④	5
A2	I can write a short letter using simple expressions for greeting, addressing, asking or thanking somebody.	112	1	2	③	4	5

CEF student checklists with suggested targets

Unit 10

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Level	Unit 10 – Fun & Games	Page	Your Score				
A2	I can understand phrases, words and expressions related to areas of most immediate priority (for example very basic personal and family information, shopping, local area, employment).	116, 117, 122	1	2	3	④	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	119	1	2	3	④	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	119	1	2	3	④	5
A2	I can find the most important information on leisure time activities, exhibitions, etc. in information leaflets.	116	1	2	③	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	115, 121	1	2	3	④	5
A2	I can make and respond to invitations.	122	1	2	3	④	5
A2	I can say what I like and dislike.	125	1	2	3	④	5
A2	I can discuss with other people what to do, where to go and make arrangements to meet.	117	1	2	③	4	5
A2	I can ask people questions about what they do at work and in their free time, and answer such questions addressed to me.	119, 122, 133	1	2	3	④	5
A2	I can describe my hobbies and interests in a simple way.	114	1	2	3	④	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	120	1	2	3	④	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	124	1	2	3	④	5