

CEF student checklists

Unit 1

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 1 – Name & Address	Page	Your Score				
A1	I can understand when someone speaks very slowly to me and articulates carefully, with long pauses for me to assimilate meaning.	6	1	2	3	4	5
A1	I can understand a questionnaire (entry permit form, hotel registration form) well enough to give the most important information about myself (name, surname, date of birth, nationality).	9	1	2	3	4	5
A1	I can introduce somebody and use basic greeting and leave-taking expressions.	7	1	2	3	4	5
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	10, 11	1	2	3	4	5
A1	I can handle numbers, quantities, cost and time.	8	1	2	3	4	5
A1	I can give personal information (address, telephone number, nationality, age, family, hobbies).	6, 9, 11	1	2	3	4	5
A1	I can very simply ask somebody to repeat what they said.	9	1	2	3	4	5
A1	I can fill in a questionnaire with my personal details (job, age, address, hobbies).	9, 11	1	2	3	4	5

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Unit 2

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

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4 = I can do this really well

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When you have done this compare your answers to the suggested targets for this level.

Level	Unit 2 – Me & You	Page	Your Score				
A1	I can understand when someone speaks very slowly to me and articulates carefully, with long pauses for me to assimilate meaning.	15	1	2	3	4	5
A1	I can understand numbers, prices and times.	15	1	2	3	4	5
A1	I can understand information about people (place of residence, age, etc) in newspapers.	13	1	2	3	4	5
A1	I can handle numbers, quantities, cost and time.	15	1	2	3	4	5
A1	I can ask people questions about where they live, people they know, things they have, etc and answer such questions addressed to me, provided they are articulated slowly and clearly.	13, 16	1	2	3	4	5
A1	I can give personal information (address, telephone number, nationality, age, family, hobbies).	13, 14, 15	1	2	3	4	5
A1	I can fill in a questionnaire with my personal details (job, age, address, hobbies).	16	1	2	3	4	5

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Unit 3

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 3 – Them & Us	Page	Your Score				
A1	I can understand information about people (place of residence, age, etc) in newspapers.	22	1	2	3	4	5
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	20, 21	1	2	3	4	5
A1	I can give personal information (address, telephone number, nationality, age, family, hobbies).	18, 20, 22	1	2	3	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	22, 23	1	2	3	4	5
A2	I can generally identify the topic of discussion around me when people speak slowly and clearly.	21	1	2	3	4	5

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Unit 4

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

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When you have done this compare your answers to the suggested targets for this level.

Level	Unit 4 – Big & Small	Page	Your Score				
A1	I can understand numbers, prices and times.	26	1	2	3	4	5
A1	I can understand words and phrases on signs encountered in everyday life (for instance station, car park, no parking, no smoking, keep left).	28	1	2	3	4	5
A1	I can make simple purchases where pointing or other gestures can support what I say.	26	1	2	3	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	27	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	26, 29	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	27	1	2	3	4	5
A2	I can order something to eat or drink.	26	1	2	3	4	5
A2	I can write simple sentences, connecting them with words such as “and”, “but” and “because”.	27	1	2	3	4	5

CEF student checklists

Unit 5

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 5 – Work & Play	Page	Your Score				
A1	I can understand when someone speaks very slowly to me and articulates carefully, with long pauses for me to assimilate meaning.	34	1	2	3	4	5
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	33	1	2	3	4	5
A1	I can understand information about people (place of residence, age, etc) in newspapers.	30, 31	1	2	3	4	5
A2	I can say what I like and dislike.	33	1	2	3	4	5
A2	I can ask people questions about what they do at work and in free time, and answer such questions addressed to me.	33	1	2	3	4	5
A2	I can describe my educational background and my present or most recent job.	31	1	2	3	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	35	1	2	3	4	5

CEF student checklists

Unit 6

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 6 – Day & Night	Page	Your Score				
A1	I can understand numbers, prices and times.	36, 38	1	2	3	4	5
A1	I can very simply ask somebody to repeat what they said.	36	1	2	3	4	5
A1	I can say when I don't understand.	36	1	2	3	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	37	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	37	1	2	3	4	5
A2	I can say what I like and dislike.	39	1	2	3	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	37	1	2	3	4	5
A2	I can use the most important connecting words to indicate the chronological order of events (first, then, after, later).	36, 37	1	2	3	4	5

CEF student checklists

Unit 7

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

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4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 7 – Places & People	Page	Your Score				
A1	I can ask and answer simple questions, initiate and respond to simple statements in areas of immediate need or on very familiar topics.	43	1	2	3	4	5
A1	I can handle numbers, quantities, cost and time.	46	1	2	3	4	5
A1	I can ask people questions about where they live, people they know, things they have, etc and answer such questions addressed to me, provided they are articulated slowly and clearly.	44, 45	1	2	3	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	43	1	2	3	4	5
A2	I can generally identify the topic of discussion around me when people speak slowly and clearly.	42, 43	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	43, 47	1	2	3	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc in information leaflets.	43, 44, 45	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	43, 44	1	2	3	4	5
A2	I can get simple information about travel.	43	1	2	3	4	5

CEF student checklists

Unit 8

Complete the checklist.

1 = I can do this with a lot of help from my teacher

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4 = I can do this really well

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When you have done this compare your answers to the suggested targets for this level.

Level	Unit 8 – In & Out	Page	Your Score				
A1	I can ask people for things and give people things.	49	1	2	3	4	5
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	52	1	2	3	4	5
A1	I can indicate time by such phrases as “next week”, “last Friday”, “in November”, “three o’clock”.	50	1	2	3	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	51	1	2	3	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc in information leaflets.	51	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	49	1	2	3	4	5
A2	I can order something to eat or drink.	49, 53	1	2	3	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	51	1	2	3	4	5

CEF student checklists

Unit 9

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 9 – Here & There	Page	Your Score				
A1	I can describe where I live.	55	1	2	3	4	5
A1	I can understand information about people (place of residence, age, etc) in newspapers.	55	1	2	3	4	5
A1	I can ask people questions about where they live, people they know, things they have, etc and answer such questions addressed to me, provided they are articulated slowly and clearly.	56	1	2	3	4	5
A1	I can write sentences and simple phrases about myself, for example where I live and what I do.	57	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	55	1	2	3	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc in information leaflets.	56, 57, 58	1	2	3	4	5
A2	I can say what I like and dislike.	58	1	2	3	4	5

CEF student checklists

Unit 10

Complete the checklist.

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4 = I can do this really well

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When you have done this compare your answers to the suggested targets for this level.

Level	Unit 10 – Ancient & Modern	Page	Your Score				
A1	I can understand information about people (place of residence, age, etc) in newspapers.	60, 61	1	2	3	4	5
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	63	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	61, 62, 64	1	2	3	4	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	63	1	2	3	4	5
A2	I can describe an event in simple sentences and report what happened when and where (for example a party or an accident).	65	1	2	3	4	5

CEF student checklists

Unit 11

Complete the checklist.

1 = I can do this with a lot of help from my teacher

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4 = I can do this really well

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When you have done this compare your answers to the suggested targets for this level.

Level	Unit 11 – Life & Times	Page	Your Score				
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	70	1	2	3	4	5
A1	I can make myself understood in a simple way but I am dependent on my partner being prepared to repeat more slowly, to rephrase what I say and to help me to say what I want.	69	1	2	3	4	5
A1	I can handle numbers, quantities, cost and time.	68, 71	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	70	1	2	3	4	5
A2	I can identify important information in news summaries or simple newspaper articles in which numbers and names play an important role and which are clearly structured and illustrated.	66, 67, 68, 69	1	2	3	4	5
A2	I can describe past activities and personal experiences (for example the last weekend, my last holiday).	66, 69	1	2	3	4	5
A2	I can write about aspects of my everyday life in simple phrases and sentences (people, places, job, school, family, hobbies).	67	1	2	3	4	5

CEF student checklists

Unit 12

Complete the checklist.

1 = I can do this with a lot of help from my teacher

2 = I can do this with a little help

3 = I can do this fairly well

4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 12 – Question & Answer	Page	Your Score				
A1	I can understand information about people (place of residence, age, etc) in newspapers.	74, 76	1	2	3	4	5
A1	I can ask people questions about where they live, people they know, things they have, etc and answer such questions addressed to me, provided they are articulated slowly and clearly.	73	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	75	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	72, 76	1	2	3	4	5
A2	I can ask people questions about what they do at work and in free time, and answer such questions addressed to me.	75	1	2	3	4	5
A2	I can describe an event in simple sentences and report what happened when and where (for example a party or an accident).	73	1	2	3	4	5

CEF student checklists

Unit 13

Complete the checklist.

1 = I can do this with a lot of help from my teacher

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4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 13 – Business & Pleasure	Page	Your Score				
A1	I can understand numbers, prices and times.	78	1	2	3	4	5
A1	I can understand questions and instructions addressed carefully and slowly to me and follow short, simple instructions.	78, 79	1	2	3	4	5
A1	I can handle numbers, quantities, cost and time.	79	1	2	3	4	5
A1	I can write a simple postcard (for example with holiday greetings).	81	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	83, 84	1	2	3	4	5
A2	I can find the most important information on leisure time activities, exhibitions, etc in information leaflets.	80	1	2	3	4	5
A2	I can get simple information about travel.	78, 79, 83	1	2	3	4	5
A2	I can ask people questions about what they do at work and in free time, and answer such questions addressed to me.	82	1	2	3	4	5
A2	I can give short, basic descriptions of events.	81, 82	1	2	3	4	5
A2	I can describe past activities and personal experiences (the last weekend, my last holiday).	81, 82	1	2	3	4	5
A2	I can describe an event in simple sentences and report what happened when and where (for example a party or an accident).	81	1	2	3	4	5

CEF student checklists

Unit 14

Complete the checklist.

1 = I can do this with a lot of help from my teacher

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4 = I can do this really well

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When you have done this compare your answers to the suggested targets for this level.

Level	Unit 14 – Arts & Technology	Page	Your Score				
A1	I can ask people questions about where they live, people they know, things they have, etc and answer such questions addressed to me, provided they are articulated slowly and clearly.	86	1	2	3	4	5
A2	I can generally identify the topic of discussion around me when people speak slowly and clearly.	85	1	2	3	4	5
A2	I can catch the main point in short, clear, simple messages and announcements.	87, 89	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	86	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	84	1	2	3	4	5
A2	I can say what I like and dislike.	88, 89	1	2	3	4	5
A2	I can write simple sentences, connecting them with words such as “and”, “but” and “because”.	87	1	2	3	4	5

CEF student checklists

Unit 15

Complete the checklist.

1 = I can do this with a lot of help from my teacher

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4 = I can do this really well

5 = I can do this almost perfectly

When you have done this compare your answers to the suggested targets for this level.

Level	Unit 15 – Language & Learning	Page	Your Score				
A1	I can understand numbers, prices and times.	90, 95	1	2	3	4	5
A1	I can ask and answer simple questions, and initiate and respond to simple statements in areas of immediate need or on very familiar topics.	91	1	2	3	4	5
A1	I can handle numbers, quantities, cost and time.	91	1	2	3	4	5
A2	I can understand the essential information in short recorded passages dealing with predictable everyday matters which are spoken slowly and clearly.	90, 92	1	2	3	4	5
A2	I can understand short narratives about everyday things dealing with topics which are familiar to me if the text is written in simple language.	91, 93	1	2	3	4	5
A2	I can give short, basic descriptions of events.	93	1	2	3	4	5